

# St. Stephen's Lutheran School September 2010 Menu

Breakfast Choice: Cereal (Cheerio's, Cocoa Puffs, Raisin Bran); Milk (2% or Chocolate); Juice (Apple, Grape, Orange); Toast with Butter, Jelly or Peanut Butter

Monday Scrambled Eggs	Tuesday Pancakes	Wednesday Cheese Biscuits and Sausage Patties	Thursday Cheese Omelets	Friday French Toast Sticks
		1 Hot Dog/Bun Baked Beans Baby Carrots Applesauce Watermelon Milk	2 Chicken Nuggets Mashed Potatoes Baby Carrots Fruit Choice Bread Milk	3 Hamburger/Bun Green Beans Baby Carrots Fruit Choice Milk
6  NO SCHOOL LABOR DAY	7 Chicken Patty/Bun Broccoli Fruit Choice Milk	8 Ham/Turkey Sub Tuna Macaroni Salad Baby Carrots Fruit Choice Milk	9 Hard/Soft Shell Tacos Spanish Rice Baby Carrots Fruit Choice Milk	10 Spaghetti/Meatsauce Garlic Bread Lettuce Salad Fruit Choice Milk
13 Cheese Pizza Breadsticks Cauliflower Fruit Choice Milk	14 Corn Dogs Spaghetti O's Corn Fruit Choice Bread Milk	15 Chicken Nuggets Rice Peas Fruit Choice Milk	16 Toasted Cheese Sandwiches Tomato Soup Baby Carrots Fruit Choice Milk	17 Salad Bar Ham or Turkey Fruit Choice Bread Milk
20 Sloppy Joe/Bun Green Beans Fruit Choice Milk	21 Stir Fry Chicken Stir Fry Veggies Rice Fruit Choice Milk	22 Hamburger/Bun Broccoli Fruit Choice Milk	23 Chicken Patty/Bun Mixed Veggies Fruit Choice Milk	24  NO SCHOOL TEACHERS CONFERENCE
27 Nachos/Ground Beef Corn Fruit Choice Bread Milk	28 Cheese Pizza Breadsticks Broccoli Fruit Choice Milk	29 Chicken Nuggets Mashed Potatoes Fruit Choice Bread Milk	30 Hard/Soft Shell Tacos Spanish Rice Baby Carrots Fruit Choice Milk	1 Spaghetti/Meatsauce Garlic Bread Lettuce Salad Fruit Choice Milk